

Parents in Elite Sports

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Parents are the first promoter of the Children in elite sports

- **Parents are decision-makers**
- **Parents are motivators – sponsors and psychological support**
- **Parents have expectations**
- **Parents live their wishes/dreams through the children**
- **Parents are rarely objective**



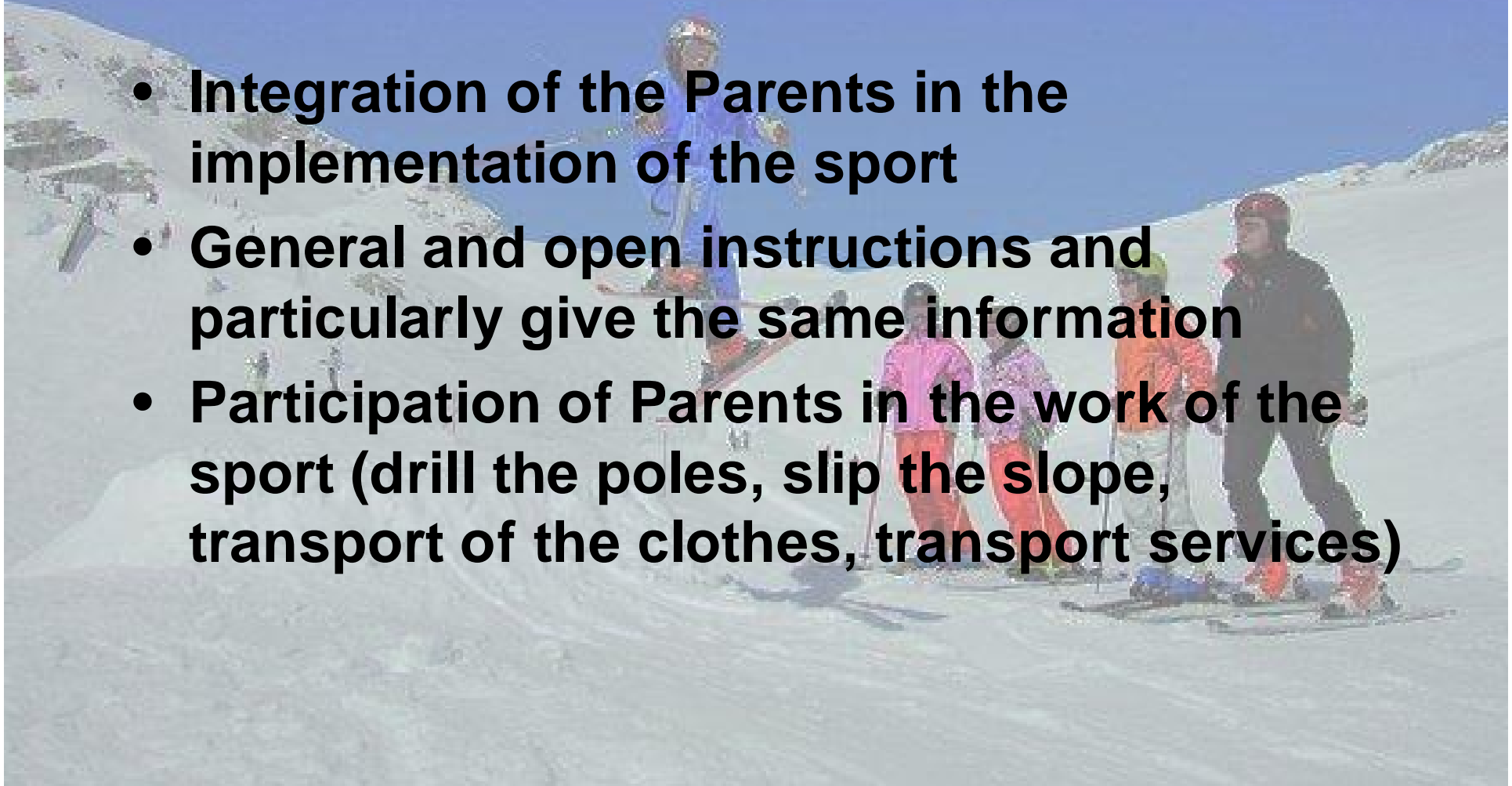
Main Problems of Parents with Children practising sport

- **School and sport**
- **Physical and psychological development**
- **Financing**
- **The family in its form and structure**



How should the sport interact with the Parents?

- **Integration of the Parents in the implementation of the sport**
- **General and open instructions and particularly give the same information**
- **Participation of Parents in the work of the sport (drill the poles, slip the slope, transport of the clothes, transport services)**



Acceptance of the Parents - as Parents

- Parents are not neutral
- It is difficult to try to suit Parents
- Parents always try to protect their own Child



Accurate interaction with Parents in Elite Sports

- **Individual / personal conversation with Parents**
 - Individual Presentation of the training concept
 - Joint Evaluation of the performance
 - Sportive and personal Goals
 - Deal with the problem areas of school – finances
 - Role of the Parents in the needs of the Child
- **Define milestones with the Parents**
- **End season discussion**
- **Define frankly the rules of the Team**
- **Consequences for all actions - positive or negative**