



## FIS Youth Seminar

Dublin (IRE)  
28<sup>th</sup> – 30<sup>th</sup> October 2005  
Jury's Hotel

INTERNATIONAL SKI FEDERATION  
Aid & Promotion Programme



# FIS Youth Seminar

## Programme

Friday , 28<sup>th</sup> October 2005

Arrival of participants. Members of the Ski Association of Ireland will meet the participants at the airport.

19.30 Welcome Cocktail offered by the Irish Tourist Board

Saturday, 29<sup>th</sup> October 2005

Please note, the seminar will be conducted in English only.

09.00	Welcome	Paul Michaelides, Chairman Working Group Aid & Promotion
09.10	Medical questions	Dr. Hubert Hörterer/ Dr. Hans Spring
	1) Injury prophylaxis for young athletes in ski racing	
	2) The knee joint of young athletes in ski racing	
	3) The spinal column of young athletes - damages and prophylaxis	
12.00	Latest news about Doping	Sarah Lewis
12.30	Lunch	
14.30	Kids Village / Snow League - Swiss Ski School model	Vali Gadiant
15.30	Experiences from a World Cup Athlete (What did they do with me?)	Didier Plaschy
16.30	Summary/conclusion	Harald Schönhaar
17.30	Departure bus to the dry ski slope	
18.00	Presentation of the improvements of the slope	Irish Ski Ass.
18.30	Visit of the slope and see skiers of various standards	Irish Ski Ass.
19.15	Departure Bus to Restaurant for dinner	
19.45	Dinner	

Sunday, 30<sup>th</sup> October 2005

09.00 Tour of Dublin  
Departures